



From Left: Ms. Nozomi Toyoshima, Ms. Yuki Sugiyama, Prof. Edward Barroga, Prof. Josephine Cariaso, Dean Shiela Bonito, Prof. Sarah Nagamatsu, Prof. Efrelyn Lellamo, Ms. Ai Yokota, Ms. Erina Ayaki



Asia-Africa Midwifery Research Center St. Luke's International University, Tokyo



News|etter

Two-day International Study Program in the College of Nursing, University of the Philippines, Manila.

Prof. Edward Barroga, Prof. Sarah Nagamatsu, and four undergraduate students of St. Luke's International University visited the College of Nursing, University of the Philippines, Manila on September 6 and 7, 2023 to participate in an international study program. The two-day program was designed to learn various health issues and nursing care in Japan and the Philippines, particularly about maternal and child health care. Prof. Jenniffer Torralba Paguio and Prof. Josephine E. Cariaso of the University of the Philippines and Prof. Edward Barroga and Prof. Sarah Nagamatsu of St. Luke's International University have worked closely to establish the program since 2022.





International Study Program 2023 (College of Nursing, University of the Philippines, Manila)

September 6, 2023

9:00	The Nursing (BSN) Program in the Philippines	Assistant Professor Arnold Peralta
9:30	Presentation: The Healthcare System of the Philippines	Assistant Professor Tomanan
10:30	School tour	
11:30	Presentation: Healthcare System of Japan	M s. Erina Ayaki
12:30	Lecture: Health Issues of Mothers and Child in Poor Settings	Dr. Sarah Nagamatsu

September 7, 2023

9:00	Attendance and observation of an actual class lecture	
10:00	Observation of a simulation practice	
11:00	Lecture: Nursing in the Philippines: Focus Pregnant Woman	Assistant Professor E. Lellamo
13:00	Presentation: Perception of Health in Japan	Ms. Nene Suzuki
13:30	Presentation: Maternity Care/Culture in Japan	Ms. Nozomi Toyoshima
14:00	Presentation: Bathing Care in Japan	Ms. Ai Yokota
14:30	Presentation: Feeding Care in Japan	Ms. Yuki Sugiyama
15:00	Closing ceremony	



Reflections and insights from St. Luke's International University students who participated in the two-day International Study Program in the College of Nursing, University of the Philippines, Manila

As nursing students are able to perform medical procedures and have an educational plan that allows them to serve in a hospital and immediately become independent while still in the university, they specialize in acute care and made me think that if the range of work for nurses in Japan increases, more people could be saved in the event of an earthquake or other disasters. In my interactions with local residents, I realized that the towns are very warm, with many people greeting me when I walked around and helping me without me having to say anything. I was truly helped by the teachers, students who participated in the training, Filipino people, and many other people. I would like to visit again and participate in volunteer activities so that as many people as possible can live healthy lives.



Ai Yokota

At the UP College of Nursing, I was amazed at the quality of nursing education and impressed by the environment in which nursing students can practice care as part of a nursing team. I was also inspired by the students' hard work and dedication to their studies. My interactions with the professors and students made me decide to study harder and not settle for just being a student so that I can become a dedicated and skilled nurse who cares for people in the community.



Nozomi Toyoshima

At the University of the Philippines College of Nursing (UPCN) in Manila, I was exposed to a clinical-integrated learning environment, and I also became aware of the healthcare system and maternal healthcare of the country. The UPCN students are trained to become work-ready nurses in the hospital. Their experiences as nursing students are quite different from ours in Japan, so it was eye opening what they are learning in 4 years. I think it is significant to ponder upon how the UPCN students' abundant experiences bolster their confidence. My learning time in the Philippines, as well as my numerous observations and realizations, were truly valuable experiences which foster my personal growth.



Yuki Sugiyama

In this international study program and nursing training, I was impressed by the high level of nursing education in the College of Nursing at the University of the Philippines (UP) in Manila. At the same time, I was also exposed to health disparities due to poverty. At UP, I felt that the level of nursing education is rather high, not only in terms of practicing basic nursing skills in hospital training, but also in terms of practical exercises such as working as a leader among nurses and using simulation dolls and mannequins. On the other hand, I was shocked to meet people living in harsh environments completely different from those of Japan. Needless to say, there are still many social problems in Japan. I felt again that it is important in my future life to have an attitude of always continuing to learn, rather than pretending to be ignorant and avoiding issues of social concern.



Erina Ayaki

Newsletter preparation: Dr. Sarah Nagamatsu
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